



St. Mark – Ocean Park Anglican Church

12953 20TH Ave., Surrey, BC, V4A 1Z1, Tel: 604-535-8841 email office@stmarkbc.org, www.stmarkbc.org

Ash Wednesday Service There an Ash Wednesday Service at Mount Olive on Wednesday February 10. The service will begin at 7:30 p.m. and all St. Mark Ocean Park Parishioners are welcome.

Vestry Meeting – Sunday, Feb. 21, 2016

The Annual Vestry Meeting of St. Mark Ocean Park will take place on Sun. Feb. 21, 2016 following a combined Morning Prayer Service at 10am, and a lunch in the Parish Hall. The required Vestry Notice letters are available in the Narthex, and we would appreciate your picking up your letter as soon as possible to help us reduce mailing costs. Any letters not picked up will be mailed on Tues. Feb. 9, 2016. We encourage every member to attend, and pray for this annual business meeting, as it is an important time to gather as a community and make important decisions based on where we see the Lord leading us as a Parish.

Envelopes For Contribution-If you have not yet picked up your package of contribution envelopes, they are available in the Narthex. Today is the last day for pick up.

Flowers For The Altar-are given today by Margot McDermott with thanks for God's blessings for Michael and Helen McDermott.



2015 Annual Report-The Annual Report for 2015 is available in the Narthex today, and on Sun. Feb. 14 and on Sun. Feb. 21. We have only printed enough copies to provide one Annual Report for each family. When you pick up your copy, please add your name and signature to the pick-up sheet provided. Please read your Annual Report and bring it to the Feb. 21 Vestry Meeting. Thank you and God Bless.

"PARISH PULSE" NEWSLETTER OF ST. MARK'S CHURCH

SUNDAY, FEBRUARY 7, 2016

PARISH COUNCIL NOMINATIONS FOR 2016

In the Narthex, you will see a poster board listing nominations for Parish Council for 2016. Should you have a name that you would like to suggest and that person has agreed to let their name stand, please contact Catherine Featherstone, Roger Hussen or Brian Switzer, with your nomination.

The Nominating Committee will then contact that person, provide them with the Ministry Description and other paper work and add them to the list. We will also take nominations from the floor at Vestry, but we would prefer to have names in advance so that we can prepare for an election. Thank you!

Living The Anglican Way: A Lenten Journey, led by Deacon Steve Bailey

Come celebrate our Anglican heritage and contemporary reality in this 6-part Lenten experience on the following Thursday evenings, from 7:30-9:15pm in the Family Room: Feb. 11 & Feb. 18 & Feb. 25 & Mar. 3 & Mar. 10 & Mar. 17.

Topics include: Our Heritage of Anglican Worship Around the World; Anglicanism as a Christian Way of Life-History and Liturgy; Anglicanism in terms of the Gospel & Historic Christianity; Being the Body of Christ-the Compass-Rose Model of Anglicanism; Anglican Spirituality - Practices to Support our Walk with Jesus; "To into all the world", Canadian & World Anglicanism in Mission; and finally, Outreach-some current issues.

Contact Steve at sbailey1047@shaw.ca or phone 604 936-9078 to sign up or for further information.

Pancake Supper!-St. Marks Men's Club is once again providing a Shrove Tuesday Pancake Supper in the Hall on Tuesday, February 9 at 5.30pm. This is a "not to be missed" family event at an affordable cost of \$10 per adult, \$5 for youth, and children under 12 are still free. Tickets are available after the service in the Narthex.



Lunch Basket for Hungry Children-is provided this week by the Poulsen Family to the Glory of God and in thanksgiving for the birthday of Christopher.

Ash Wednesday's Bible Readings-Isaiah 58:1-12, Psalm 51:1-17, 2 Corinthians 5:20b-6:10, Matthew 6:1-6, 16-21

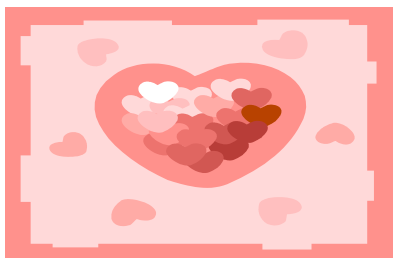
Next Sunday Bible Readings-Deuteronomy 26:1-11, Psalm 91:1-2, 9-16, Romans 10:8b-13, Luke 4:1-13



The Christian life is not static. Our souls are redeemed and equipped for motion. We are pilgrims making head way - not just towards heaven, but towards God. This journey is neither easy nor quick. We all struggle. Some find it easier to accept stagnation as the norm. We may even become adept at going through the motions of Christianity without making much progress. Lent is a season for spiritual reflection – a time to turn our hearts towards God.

For those who sense their souls have been in the same place too long or for the ones who are striding towards God, but feel alone – you are invited to meet every Sunday during Lent in the Family Room @ 7:00 pm. We will gather for silent prayer, mutual encouragement and in the hope of this grace; God will provide the very thing we seek. Join us during Lent – it's time for a *"Change of Heart."*

For further information, please see the poster in the narthex or speak to Lynne Hurd, Janet Scott or Scott and Miriam Tolhurst.



Have A Blind DATE

For the month of February there will be Blind Dates available in the Library. Look for the brown bags. Choose one and see what the book inside is. You never know ... it might be something really good that you would never normally have chosen.

St. Mark's Hosts a 2016 Lenten Lunch on Thurs. Feb. 25 at First United Church. We need helpers to make soup, set tables, butter buns, make tea, coffee, and/or serve. Please get in touch with Debbie Maxwell at 604-538-6319 to volunteer. On Feb. 25 all helpers need to be at First United by 10am. If you are only able to make soup, that needs to be at First United Church by 11am on Feb. 25. Thank you in advance for your participation in this wonderful fellowship.

Prayer Chain Contact- Joyce Ness is the contact and she can be reached at: 604-535-0460, or at joybill@telus.net

St. Mark's Youth- This morning the youth are helping serve pancakes to the Sunday School class. Join us downstairs! On Feb. 9 please come out with your family to the Shrove Tuesday Pancake Supper at 5:30pm (there will be no youth group meeting). Youth Nights are most Tuesdays at 7pm in the Youth Room. Join our Facebook page or sign up for our newsletter at www.stmarkbc.org/youth.

Seniors News-Wednesday Get-Togethers for conversation and games from 1pm to 3:30pm, with refreshments at 2:30pm. Alternate Wednesdays. The next one Wed. February 17. For information regarding other outings please contact: sinder@shaw.ca 604-531-4931 (Sue) and acormode@shaw.ca 604-531-9585 (Janet)

Recycling Depot Correction-The new depot at 32 Ave. & 140 St. does not take four things: glass, cardboard, styrofoam and plastic...yet. They are on a waiting list to be able to receive these things at a later date. Please use Bottle & Return It Depot, #28-15515 24 Ave. for your one-stop batteries, small appliances, paint cans, glass, styrofoam, household plastic to 25L. etc. See the list in the Hall.

Open Session On The Potential Change To The Marriage Canon-Bishop Melissa Skelton and The Venerable Lynne McNaughton (a member of the Council of General Synod) will host a session to explore perspectives on the potential change in the marriage canon – a matter that will be on the agenda of the next General Synod in the summer of 2016. The meeting will be held on Thurs. Feb. 11 from 10am to 12noon at St. John the Baptist, Sardis. In this meeting diverse perspectives will be explored, and there is no attempt to convince others of the rightness of various opinions. In preparation for the meeting please read the full report of the Marriage Commission, as well as the Questions in the Study Guide. Both can be found on the Diocesan website. <http://www.vancouver.anglican.ca/>

ANGLICAN CHURCH WOMEN News

The ACW would like to thank all of our wonderful knitters who are making the small sweater and hat sets for the newborns in the slums worldwide.

So far this Parish has donated 650 sets to this ongoing, worthwhile, Diocesan project.

Wool and simple instructions are available from our ACW members, or by contacting Janet Van Nes: 604-535-0818; or Kathryn Smith: 604-560-1455

And...

Boxes for contributions to "Bales For The North" will be out until the end of February.

Upcoming Events

Monday, February 8

Office is Closed

Set Up In The Hall For Shrove Tuesday – Men's Club

Tuesday, February 9

9:30 – Bible Study – Family Room

2pm – ACW Meeting – Family Room

5:30pm – Shrove Tuesday Dinner Event - Hall

Ash Wednesday, February 10

9am – Exercise – Hall

10am –Service – Sanctuary

7:30pm – Ash Wednesday Evening Service – Mount Olive Lutheran Church

Thursday, February 11

12noon – Lenten Luncheon at First United Church (on Buena Vista, White Rock)

7:30pm – Lenten Journey with Deacon Steve – Family Room

Friday, February 11

9am – Exercise – Hall

Office Hours

9am to 12noon on Monday and Friday.

9am to 3pm on Tuesday & Wednesday & Thursday.

PWRDF Update - January and February are busy months for PWRDF's Executive Director and Development Team staff. Adele Finney traveled to a Heads of Agencies meeting in Accra, Ghana and to Masasi, Tanzania to visit projects with PWRDF partners. Librock is traveling from January 17 to March 2 to Tanzania, South Africa, Mozambique, Rwanda and on to Berlin for an Oikocredit, meeting while Zaida Bastos will be in South Africa, Mozambique and Rwanda from January 30 until February 23. Bart Dickinson is traveling from February 5 to the 28 to Mozambique, Rwanda and Tanzania. Zaida, Richard and Bart will be visiting partners, monitoring and evaluating programs and setting up PWRDF's new joint program with Global Affairs Canada (GAC). PWRDF will contribute \$2,654,612 over five years towards the \$17,697,412 project that will focus on maternal and child health in 350 villages in Burundi, Mozambique, Rwanda and Tanzania.



See Over.....

A Lenten Journey led by Deacon Steve Bailey	
7:30pm Thurs. Feb. 11	Family Room
7:30pm Thurs. Feb. 18	Family Room
7:30pm Thurs. Feb. 25	Family Room
7:30pm Thurs. March 3	Family Room
7:30pm Thurs. March 10	Family Room
7:30pm Thurs. March 17	Family Room

Contemplative Evening Prayer with Scott and Miriam Tolhurst	
7pm Sunday, Feb. 14	Family Room
7pm Sunday, Feb. 21	Family Room
7pm Sunday, Feb. 28	Family Room
7pm Sunday, March 6	Family Room
7pm Sunday, March 13	Family Room
7pm Sunday, March 20	Family Room

